

PLEASE CONSULT THE PRODUCT MONOGRAPH
FOR COMPLETE PATIENT INFORMATION.

Pr **ZYNYZ**[®]
retifanlimab for injection
500 mg / 20 mL (25 mg / mL)

YOUR TREATMENT GUIDE

INFORMATION FROM A TO ZYNYZ[®]

PrZYNYZ[®] is a prescription medicine used in adults to treat Merkel cell carcinoma (MCC), a rare type of skin cancer. It is given when the cancer has spread or returned and cannot be treated with surgery or radiation.



Information you'll find in this booklet

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Find information and resources

A BOOKLET FOR YOU, YOUR CAREGIVERS, AND YOUR LOVED ONES

Your doctor has prescribed you with ZYNYZ®. To help guide you during treatment, you can use this booklet to find out how ZYNYZ® works, track your appointments, find support, and more.

YOUR HEALTHCARE TEAM CONTACT INFORMATION

Fill out the information below to help you stay in contact with your healthcare team.



Hospital
(or clinic) name _____

Address _____

Email _____

Phone _____

Doctor's name _____

Email _____

Phone _____

Nurse's name _____

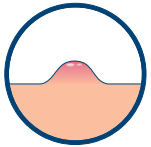
Email _____

Phone _____

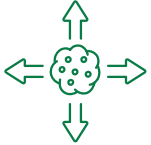
Other contact(s) _____

What is Merkel cell carcinoma (MCC)?

A RARE TYPE OF SKIN CANCER



MCC usually first appears as a single **red or purple painless lump**.



When MCC spreads from where it began to other parts of the body, it is called **metastatic**.



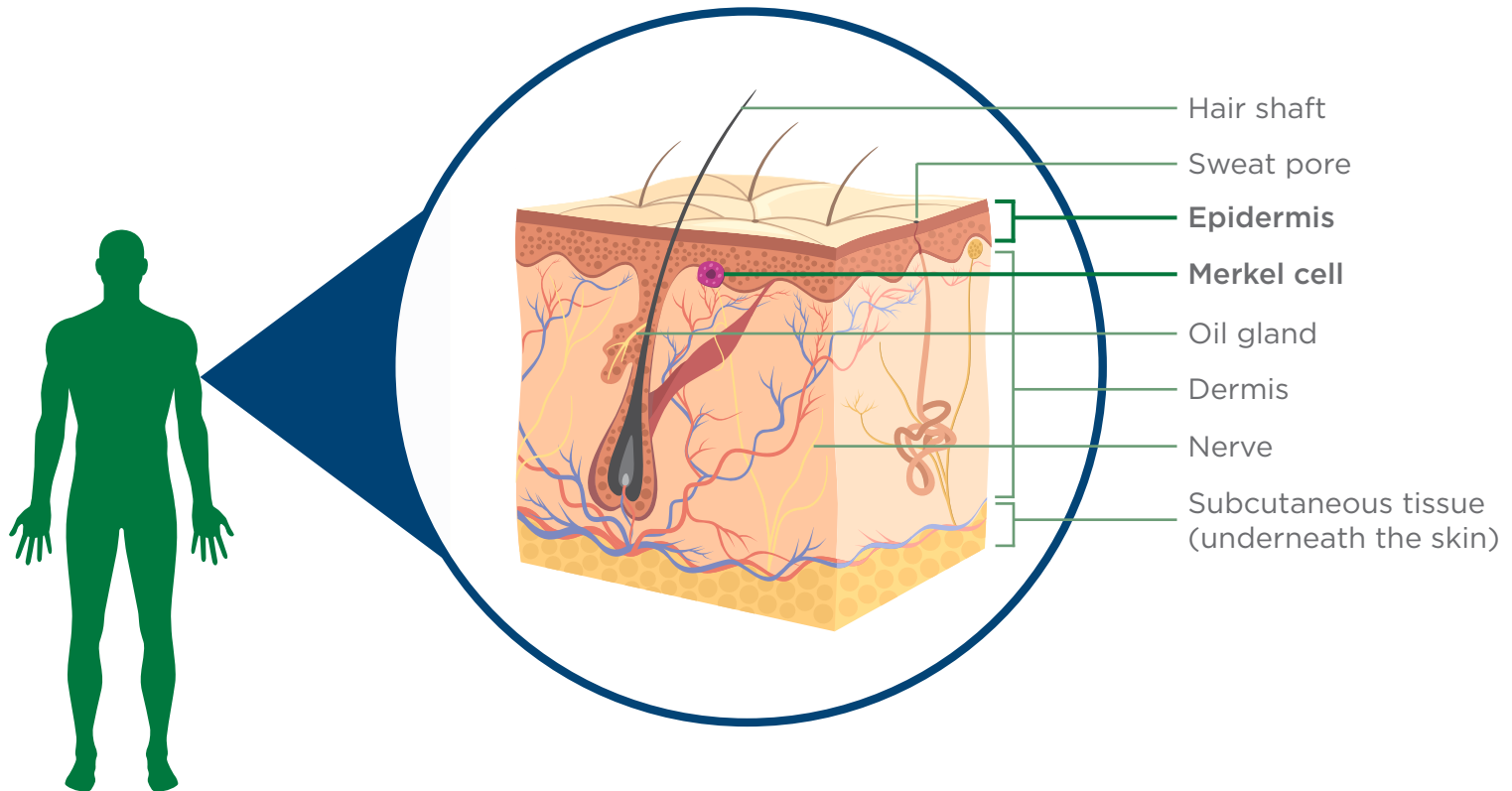
MCC can also come back after it has been treated – this is called **recurrent** disease.



MCC typically appears on areas of skin **exposed to the sun** – especially the head, neck, arms, legs, and torso.

WHEN MERKEL CELLS GROW OUT OF CONTROL AND BECOME MALIGNANT (CANCEROUS)

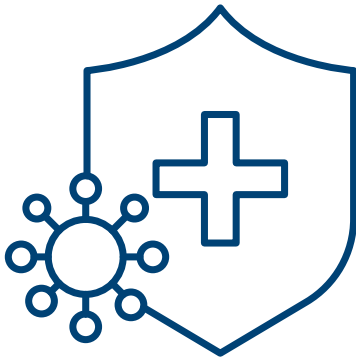
These cells are right below the top layer of the skin called the **epidermis**. They are very close to the nerve endings that receive the sensation of touch.



ZYNYZ® is used when MCC has spread or returned and cannot be treated with surgery or radiation.

How does ZYNYZ[®] work?

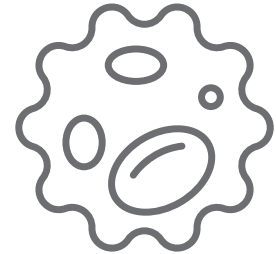
ZYNYZ[®] WORKS TO TREAT MCC BY HELPING YOUR IMMUNE SYSTEM FIGHT THE CANCER



Immune system



ZYNYZ[®]



Cancer cell

What will the treatment schedule be like?

THE RECOMMENDED DOSE OF ZYNYZ® IS 500 mg EVERY 4 WEEKS

ZYNYZ® is given as a drip into a vein (intravenous infusion) that lasts about **30 minutes**. This is done in a hospital or clinic.



Missed dose: It is very important that you do not miss a dose of this medicine. Contact your doctor or hospital immediately to reschedule your appointment.

Overdose: If you think that too much ZYNYZ® has been taken, contact a doctor, hospital emergency department, or regional poison control centre immediately – even if there are no symptoms.

YOUR DOCTOR WILL DECIDE HOW MANY TREATMENTS YOU NEED



EXAMPLE

April						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 TREATMENT WITH ZYNYZ®	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30 TREATMENT WITH ZYNYZ®			



What are the possible side effects of treatment?

Side effects may happen at any time during treatment, or even after your treatment has ended. You may get more than one side effect at the same time, involving any organ and tissue.

Sometimes, the side effect(s) may be severe or life-threatening and, rarely, fatal. If you experience any symptoms that are severe enough to interfere with daily activities, notify your healthcare professional immediately or proceed to the emergency department.

VERY COMMON (MAY AFFECT MORE THAN 1 IN 10 PEOPLE)

- Diarrhea
- Nausea
- Constipation
- Rash
- Itching of the skin (pruritus)
- Joint pain (arthralgia)
- Tiredness (fatigue)
- Fever (pyrexia)
- Muscle and bone pain (musculoskeletal pain)
- Cough

These are not all the possible side effects you may have when taking ZYNYZ®. If you experience anything not listed here, tell someone on your healthcare team.

Your ZYNYZ[®] treatment tracker

Throughout treatment, it's important to keep track of your appointments. To help you with this, work with your healthcare team and consider the following tips:



Set a **reminder** on your phone, watch, or other device



Enter the dates of your future appointments into a **calendar**, such as on your phone or online



Use the **personalized discussion guide** on page 12 to write down anything you wish to discuss with your doctor

NOTES

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TRACKING YOUR TREATMENT

With the help of your healthcare team, fill in this calendar to help you track your ZYNYZ® treatment days (which are usually every 4 weeks). Consider writing down the dates and location of your appointments.

Sunday Start date: _____	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Your personalized discussion guide

PREPARING FOR YOUR ZYNYZ® TREATMENTS

To help avoid side effects and to ensure proper use, talk to your doctor before you take ZYNYZ® and make sure you let them know if you:

☐ **Have any health conditions or problems, such as:**

- An autoimmune disease (a condition where the body's immune system attacks its own cells)
- Lung or breathing problems
- Liver problems
- Kidney problems
- Diabetes
- Solid organ transplant or a bone marrow (stem cell) transplant that used donor stem cells (allogeneic hematopoietic stem cell transplantation)
- Any other medical conditions

☐ **Are pregnant or plan to become pregnant**

- You must not be given ZYNYZ® if you are pregnant unless your doctor specifically recommends it. ZYNYZ® can cause harmful effects or death to your unborn baby.
- Women who could become pregnant must use effective contraception during treatment and for at least 4 months after the last ZYNYZ® dose.

☐ **Are breast-feeding**

- It is not known if ZYNYZ® passes into breast milk – a risk to the breastfeeding newborns/infants cannot be excluded.
- Do not breast-feed during treatment and for at least 4 months after your last dose of ZYNYZ®.

☐ **Have questions about driving or using machinery**

- ZYNYZ® may have an influence on the ability to drive and use machines. If you feel tired, do not drive or use machines until you feel better.

It is important to tell your healthcare team about all the medicines you take, including any drugs, vitamins, minerals, natural supplements, or alternative medicines.

KEEPING TRACK OF HOW YOU FEEL DURING TREATMENT

Throughout treatment, keep track of how you're feeling. This can help you and your healthcare team monitor how you're doing and guide discussions about how to manage or answer any questions you may have.

NOTES

Use this space to write down anything else you might want to discuss with your healthcare team at your next appointment, such as any medications you currently take or questions you may have.

**Refer to page 16 for frequently asked questions
you may wish to discuss with your doctor.**

Tips for caregivers and loved ones

THINGS TO KEEP IN MIND AS A CAREGIVER

- Be open and **honest** with each other. It is important to remember that you're both on the same team and want the best outcome.
- It's good to be **encouraging**, but it's also important not to tell your loved one to "always stay positive." They may think that you're trying to discount their legitimate fears, concerns or sad feelings.
- **Respect** your loved one's privacy. Don't disclose information about their diagnosis and treatment without their consent. Try to be understanding if they don't want to share all the details about what they're going through.

WAYS TO HELP YOUR LOVED ONE DURING THEIR ZYNYZ[®] TREATMENT



Use a calendar to track your loved one's ZYNYZ[®] treatment schedule



Offer to arrange transport to help your loved one get to doctors' appointments

Refer to page 9 for the common serious side effects associated with taking ZYNYZ[®]. Knowing these symptoms can help you and your loved one know when to contact their healthcare professional.

TIPS TO HELP YOU COMMUNICATE WITH YOUR LOVED ONE'S HEALTHCARE TEAM

- Write down any questions you may have.
- Take notes.
- Ask for written information about your loved one's diagnosis and treatment plan.
- Ask about the common side effects.
- Encourage your loved one to share any symptoms or side effects with their doctor.

As a caregiver it is important to remember to take care of yourself.

- **Make time for yourself** by incorporating things you enjoy into your daily schedule. This can include getting some form of exercise, calling your friends, or even keeping up with a hobby.
- **Ask for help** from a family member, friend, or healthcare professional if you're unable to do a task for your loved one. Keep a list of your caregiving tasks so you know where others can help.
- **Be honest with yourself** when you need a break as a caregiver. Take at least 30 minutes a day to yourself for stress relieving activities.

Frequently asked questions (FAQ)

WHAT IS MERKEL CELL CARCINOMA (MCC)?

It is a rare type of skin cancer that usually first appears as a single red or purple painless lump. Refer to page 4 to learn more.

HOW DO I RECEIVE TREATMENT WITH ZYNYZ®?

ZYNYZ® is given as a drip into a vein (intravenous infusion) that lasts about 30 minutes. Refer to page 7 for more information on the treatment schedule.

HOW OFTEN DO I NEED TO GET TREATMENT WITH ZYNYZ®?

The recommended dose of ZYNYZ® is 500 mg every 4 weeks.

WHERE WILL I RECEIVE MY ZYNYZ® INFUSIONS?

You will be able to receive ZYNYZ® infusions in a healthcare setting, such as a hospital or clinic.

WHEN SHOULD I STOP TREATMENT?

Your doctor will decide how many treatments you need. Talk to your healthcare team to learn more.

ARE THERE ANY SIDE EFFECTS I SHOULD BE AWARE OF?

Refer to page 9 for information on possible common side effects. Throughout treatment, it's important that you communicate with your healthcare team if you experience any side effects.

HOW WILL I TRACK MY APPOINTMENTS?

Refer to page 10 for a ZYNYZ® treatment tracker to help you stay on top of your appointments and other aspects of treatment.

IS THERE ANY ADDITIONAL SUPPORT AVAILABLE FOR ME OR MY CAREGIVER?

This booklet contains tips for caregivers. Refer to page 14 for more details.

If you have any additional questions, note them down and discuss them with your healthcare team at your next appointment.

Glossary

EPIDERMIS

Top layer of the skin.

IMMUNE SYSTEM

A complex network of cells, tissues, organs, and the substances they make that helps the body fight infections and other diseases.

INTRAVENOUS (IV) INFUSION

A drip into a vein.

MALIGNANT

A term used to describe cancer. Malignant cells grow in an uncontrolled way and can invade nearby tissues and spread to other parts of the body.

MERKEL CELLS

Cells found in the epidermis that are very close to the nerve endings that receive the sensation of touch.

MERKEL CELL CARCINOMA (MCC)

A rare type of cancer that forms in the top layer of the skin.

METASTATIC

When cancer spreads from where it began to other parts of the body.

RECURRENT

When cancer has come back after it has been treated.

T CELLS

A type of white blood cell that are part of the immune system.

ADDITIONAL SUPPORT IS AVAILABLE FOR YOU



save your skin
FOUNDATION

saveyourskin.ca

MELANOMA
CANADA

melanomacanada.ca

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